

Making a video résumé

First impressions count

- Your video résumé could be your first chance to impress an employer.
- Be confident on camera and dress like you would for an interview.
- Film your video in a quiet, well lit area. Make sure you have the right technical tools to help you make a professional video.
- If you are creating a video in response to a job ad, address any technical or skills requirements the employer has specified.
- Search online to find advice and tips on how to make a quality video résumé.

Ŋ

Be aware of unconscious bias

- It's possible that a video résumé may result in unconscious bias by an employer.
- This is because a video supplies information about you that you wouldn't include in a paper résumé.
 This includes your gender, age and ethnicity.

Firewalls and blocks

- Some businesses could have internet firewalls that block particular websites, for example, YouTube. Or they might not have the right software to be able to view your video.
- Think about the size and format of your video. Depending on an employers' internet speed, it may take some time for your video to download.
- If it's too hard for employers to view your video résumé, they won't watch it.

Disclaimer: The content of this tip sheet is intended as general information only and does not replace professional advice. It is derived from a variety of sources and has been prepared without taking into account your individual objectives, situation or needs. You should consider your personal circumstances, and if appropriate, seek independent legal, financial or other professional advice before acting. The Department has endeavoured to ensure the currency and completeness of the information in this tip sheet at the time of publication; however, this information may change over time. Provision of links to external websites are provided for convenience only and should not be construed as an endorsement or approval of the third party service or website by the Department. The Department expressly disclaims any liability caused, whether directly or indirectly, to any person in respect of any action taken on the basis of the content of this tip sheet.

